

REAL FOOD, REAL DRINK

Written for the 13th Sunday after Pentecost, Series B. Based mainly on the gospel, John 6:51-58, but with some help from the Old Testament lesson, Proverbs 9:1-6 (and even, now I look at it, the epistle – Ephesians 5:15-20). Just as the prophets of the Old Testament had to keep drawing the distinction between the one true God and the various available idols, so Christians need to be both wooed constantly to the truth and reality of Jesus' God, and warned off the seductive idols of our day. A choice has to be made! It's probably better to do this one with solo voice or small group doing the verses, community sing the chorus.

Real food, real drink,
my flesh is real food,
my blood is real drink,
given for the life of the world,
given for you, given for me.

1. Everyone is born and everyone must die –
that's the story everybody knows.
But there's a life that has no final curtain call,
and there's just one thing that makes it grow.

2. Supermarkets advertise variety –
cheaper prices always guaranteed.
And restaurants can give you
any food you want —
all except the food you really need.

3. What's the use of wasting all your precious days
chasing things that never satisfy?
Here's a wiser goal that we can all pursue –
set your heart on this and never die.

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